

UNIT FOUR NUTRITION

Lesson 4 – Assisting residents to fulfill nutritional needs

Nurse Aide Training Objectives

- 4.5 Identify your role as an aide in preparing the resident for meals
- 4.6 Assist the resident who must eat in their room to prepare for a meal
- 4.7 Identify your role as a nurse aide in feeding the resident
- 4.8 Demonstrate feeding a resident
- 4.9 Assisting/feeding the resident with problems swallowing

CASAS Competencies

- 3.5.1 Interpret nutritional and related information
- 3.5.3 Interpret food storage information
- 3.5.9 Identify practices that promote physical well being
- 4.4.4 Interpret job responsibilities...
- 4.4.7 Demonstrate the ability to apply or transfer skills learned in one job situation to another

Basic Skills (CASAS Content Standards)

Reading:

- R2.11 Interpret familiar words used in a new context.
- R2.12 Interpret specialized vocabulary in context
- R3.3 Read and understand simple texts in a familiar context.
- R3.4 Read moderately complex.
- R2.12 Interpret specialized vocabulary in context.
- R4.10 Interpret written materials using visual, graphic, and textural clue (e.g. headlines, captions, bullets, print features such as **bold**).

Writing:

Listening/Speaking:

- L4.4 Demonstrate understanding of general meaning and details in face-to-face conversations containing some unfamiliar vocabulary